

Lauren Mehok

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Education

Doctor of Philosophy Clinical Psychology, Purdue School of Science Indiana University-Purdue University Indianapolis, Indianapolis, IN	Aug 2016-Present
Master of Science, Clinical Psychology, GPA: 4.0 Purdue School of Science Indiana University-Purdue University Indianapolis, Indianapolis, IN	December 2018
Bachelor of Science, Psychology and Sociology, GPA: 4.11 College of Liberal Arts and Sciences, Department of Psychology College of Liberal Arts and Sciences, Department of Sociology Arizona State University Tempe, Arizona	December 2014

Honors and Awards

IUPUI Travel Fellowship	<i>April 2019</i>
Young Investigator Travel Award, American Pain Society	<i>Jan 2019</i>
Travel Award, International Association for the Study of Pain	<i>June 2018</i>
Graduate and Professional Educational Grant	<i>Sep 2018</i>
Dean's Medalists for College of Liberal Arts and Sciences for Psychology	<i>Dec 2014</i>
New American University Scholar-Deans List Scholar	<i>2011-Present</i>
Graduating with Summa Cum Laude	<i>2014</i>
Student United Way at ASU Speaking Bureau Speaker of the Year Award	<i>2013</i>
Lifewell Behavioral Health Oak Employee of the month	<i>Aug 2015</i>

Professional Membership

International Association for the Study of Pain
Student Affiliate

Research Experience

Research Coordinator: IUPUI Pain Lab	<i>Aug 2016-present</i>
Research Projects: <i>Treatment Disparities in Exercise Recommendations for Chronic Pain patients</i> <i>The Role of Expectation in an Experimental Pain Task</i> Supervisor: Adam T. Hirsh, Ph.D.	

Undergraduate Research Experience

Research Assistant: Social Addictions Impulse Lab 2016	<i>July 2014-Aug</i>
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Research Projects:

*Developed items on new scales: Conceptual Secrets Measure, Verbal Abuse
Formatted Large scale surveys for collaboration with Yale Medical School
Time Perspective mediating the effects of Parental Style on Alcohol Use
Affect-Free and Negative Urgency predicts motivation for Alcohol Consumption
Supervision of new students in the Lab
Gender specific role of anxiety sensitivity among men as a mediator of permissive
fathering on impaired control over drinking
Perfectionism and self medication: An exploration of drinking motives, impaired
control, alcohol use and problems*

Research Assistant: The Dynamics of Perception, Action, & Cognition Lab Jan 2013-Jan 2015

Research Projects:

*Perception, Coordination, and Time Estimation
Weight Perception
Taught Elementary School Students about Science
Trained New Lab Members
Wrote and Adapted Protocol Techniques
Dynamics of Multifrequency Coordination Among Dyads*

Research Assistant: Adolescent Substance Use, Health, and Behavior Lab Jan 2014-May 2014

Research Projects:

*Developed New Cannabis Use Measures
Develop Protocols and Study Development
Assisted in Set up and Development of a New Lab*

Publications

Patock-Peckham, J.A., Walters, K.J., **Mehok, L. E.**, Leeman, R.F., Ruof, A. K., & Filson Moses, J. (2018) The direct and indirect influences of parenting, the facets of time perspective and impaired control along the alcohol- related problems pathway. *Substance Use and Misuse*

Manuscripts in Preparation

Mehok, L. E., Miller, M. M., Trost, Z., Goubert, L., De Ruddere, L., Hirsh, A.T. (in submission)
Pain intensity and attribution mediate the impact of patient weight and gender on activity recommendations for chronic pain. *Journal of Pain Research*

Mehok, L. E., Meints, S. M., Miller, M. M., Ashburn-Nardo, L., Hirsh, A.T. (in preparation)
The relationship between beliefs about race differences in pain and actual race differences in experimental pain tolerance. *Psychosomatic Medicine*

Presentations

Conference Poster Presentations and Abstracts

Mehok, L. E., Meints, S. M., Miller, M. M., Kimberly, E. E., Walsh, K. T., and Hirsh, A. T. (April 2019) The role of self-other comparisons in race differences in pain tolerance. Poster presented at the 38th Annual Scientific Meeting of the American Pain Society, Milwaukee, Wisconsin.

Mehok, L. E., Meints, S. M., Miller, M. M., Hollingshead, N. H., Walsh, K. T., Kimberly, E., Ashburn-Nardo, L., and Hirsh, A. T. (September, 2018) Development and preliminary test of a measure assessing implicit beliefs about race differences in pain. Poster presented at the 17th World Congress on Pain in Boston, USA.

Mehok, L. E., Nowlin, L., Wheelis, T., de Ruddere, L., Liesbet Goubert, L., Hirsh, A.T.(May, 2017) Interaction between sex and weight on exercise recommendations. *Journal of Pain*. Poster presented at the 36th Annual Scientific Meeting of the American Pain Society, Pittsburg, Pennsylvania.

Patock-Peckham, J.A., Warner, O.M., **Mehok, L.E.,** Evans, P.T., Brazones, K., & Leeman, R.F. (June, 2015) The gender specific role of anxiety sensitivity among men as a mediator of permissive fathering on impaired control over drinking. *Alcoholism: Clinical and Experimental Research*, 39(S0, 154A-154A. Poster presented at the annual conference for the Research Society on Alcohol, San Antonio, TX.

Warner, O.M., Jackson, K.K., Patock-Peckham, J.A., Walters, K.J., **Mehok, L.,** & Filson Moses, J. (2015) What role does time perspective play in internalizing pathways such as stress and depression along the road to alcohol-related problems? *Alcoholism: Clinical and Experimental Research*, 39(S0, 154A-154A. Poster presented at the annual conference for the Research Society on Alcohol, San Antonio, TX.

Patock-Peckham, J.A., Walters, K.J., Bradfield, A.R., Medina, M.C., **Mehok, L.,** & Leeman, R.F. (June, 2015) Trying to be perfect and self-medicating with alcohol: An exploration of drinking motives, impaired control, alcohol use and problems. *Alcoholism: Clinical and Experimental Research*, 39(S0, 154A-154A. Poster presented at the annual conference for the Research Society on Alcohol, San Antonio, TX.

Castillo, A., Rogoff, L., **Mehok, L. E.,** Cash, D., Likens, A.D., Gibbons, C. T., & Amazeen, A, G. (December, 2014) Dynamics of Multifrequency Coordination Among Dyads. Arizona State University

Clinical Experience

Indiana Polyclinic, Practicum Trainee

August 2019-Present

Supervisor: Ari Gleckman, PhD, HSSP

Setting: Multidisciplinary Pain Treatment Facility

Responsibilities:

Conduct individual therapy for patients with chronic pain

Collaborate with other medical providers to create patient treatment plans

Richard L. Roudebush VA Medical Center, Practicum Trainee

July 2018-Present

Supervisor: Shannon E. Woller, Psy.D., ABPP, HSPP

Setting: Outpatient-Patient Mental Health

Responsibilities:

Conduct individual therapy for veterans with depression, anxiety, and other disorders

Conduct clinical interviews with new patients

Co-facilitate weekly Chronic Pain group therapy sessions

Complete treatment plans for all patients

Indiana University Neuropsychology Clinic, Practicum Trainee

July 2017-July 2018

Supervisor: Dan Rexroth, Psy.D. HSPP

Setting: Outpatient Neuropsychology Clinic

Responsibilities:

Perform structured clinical interviews

Build rapport to promote a supportive testing environment

Conduct clinical neuropsychological testing to assess memory, learning, attention, mood, and personality

Score the neuropsychology tests

Write integrated reports for the referring providers and patients

Tests Administered:

Beck Anxiety Inventory, Beck Depression Inventory-2, Boston Naming Test, Brief Visuospatial Memory Test-Revised, Category Fluency Task, CERAD Clinical and Neuropsychology Assessment, Controlled Oral Word Association Test, Finger Tapping, Geriatric Depression Scale, Grip Strength Test, Grooved Pegboard Test, Judgment of Line Orientation, Mini Mental Status Exam, Minnesota Multiphasic Personality Inventory -II, Rey Auditory Verbal Learning Test, Test of Memory Malingering, Trail Making Test A & B, Wechsler Adult Intelligence Scale- IV, Wechsler Memory Scale-4, Wechsler Test of Adult Reading, and Wisconsin Card Sorting Test.

Teaching Experience

Department of Psychology-Indiana University-Purdue University in Indianapolis

Instructor of Record for Health Psychology

Aug 2019-Dec 2019

Department of Psychology-Indiana University-Purdue University in Indianapolis

Instructor of Record for Statistics Laboratory

June 2019-July 2019

Department of Psychology-Indiana University-Purdue University in Indianapolis

Teaching Assistant for Health Psychology

May 2019-July 2019

Department of Psychology-Indiana University-Purdue University in Indianapolis

Teaching Assistant for Lifespan Development

Aug 2017-May 2019

Department of Psychology-Indiana University-Purdue University in Indianapolis

Teaching Assistant for Child & Adolescent Psychology

Aug 2017-May 2019

Department of Psychology-Indiana University-Purdue University in Indianapolis

Teaching Assistant for Ethics and Diversity *Jun 2017-Aug 2017*

Department of Psychology-Indiana University-Purdue University in Indianapolis
Teaching Assistant for Abnormal Psychology *May 2017-Aug 2017*

Department of Psychology-Indiana University-Purdue University in Indianapolis
Teaching Assistant and Co-Instructor for Capstone Lab in Psychology *Jan 2017-May 2017*

Department of Psychology-Indiana University-Purdue University in Indianapolis
Teaching Assistant for Ethics and Diversity in Psychology *Aug 2016-Dec 2016*

Department of Psychology-Arizona State University
Undergraduate Teaching Assistant for Physiological Psychology *Aug 2013-Dec 2013*

Ballroom Dance Instructor and Tutor-Arizona State University *Aug 2013-Dec 2015*

Work Experience

Senior Case Manager for SMI Outpatient Clinic Lifewell-previously known as Choices
Feb 2015-June 2016

Responsibilities:

- Provide a range of services to individuals with serious mental illness*
- Coordinate care with psychiatrists and nurse and medication management*
- Coordinate care with community service providers such as counselors*
- Assist clients in working through difficult situations*
- Provide emotional support to individuals going through crisis*
- Work with clients to establish treatment goals and empower them to reach their goals*
- Train new team members on procedures, documentation, and interacting with clients*
- Complete intake and yearly assessment report*
- Participate in law enforcement training on responding to calls related to mental illness*

Professional Development

Research Development

Ad hoc reviewer (mentored by Adam T. Hirsh) for Journal of Pain *Feb 2019*

Ad hoc reviewer (mentored by Adam T. Hirsh) for PAIN Reports *Jan 2019*

Ad hoc reviewer (mentored by Adam T. Hirsh) for PAIN *Aug 2018*

Ad hoc reviewer (mentored by Adam T. Hirsh) for Journal of Pain *Nov 2017*

Ad hoc reviewer (mentored by Adam T. Hirsh) for Clinical Journal of Pain *Oct 2017*

Ad hoc reviewer (mentored by Adam T. Hirsh) for Journal of Pain *July 2017*

Ad hoc reviewer (mentored by Adam T. Hirsh) for PAIN	<i>July 2017</i>
Ad hoc reviewer (mentored by Adam T. Hirsh) for Pain Practice	<i>Mar 2017</i>
Ad hoc reviewer (mentored by Adam T. Hirsh) for Pain Medicine	<i>Dec 2016</i>
Ad hoc reviewer (mentored by Adam T. Hirsh) for Journal of Pain	<i>Nov 2016</i>
Longitudinal Data Analysis Workshop , Pascal Deboeck, University of Utah	<i>Aug 2018</i>
Preparing Manuscripts for Publication , Nir Menachemi, IUPUI	<i>July 2018</i>
Bayesian Statistics Workshop , John Kruschke, Indiana University	<i>Aug 2016</i>
Meta-analysis Workshop , Jeffrey Valentine, Indiana University	<i>Aug 2016</i>
<u>Clinical Development</u>	
Clinical Workshop: Beyond Pain Management: Treating the Intersection of Pain and Unresolved Emotional Experiences , Howard Schubiner, Alan Gordon, Mark Lumley, and Christie Uipi	<i>May-June 2019</i>
Webinar Workshop: Addressing Geriatric Mental Health & Suicide Prevention , Kim Van Order	<i>Feb 2019</i>
Clinical Workshop: HiTOP Systems , Doug Samuel and Susan South	<i>Feb 2019</i>
Clinical Workshop: Dialectical Behavior Therapy , Jennifer Chambers	<i>Sep 2018</i>
Clinical Workshop: A New Therapy for Each Client , John Norcross	<i>Apr 2018</i>
Clinical Workshop: Motivational Interviewing , Stephen Rollnick	<i>Nov 2017</i>
Clinical Workshop: CBT-I , Yelena Chernyak	<i>Jan 2017</i>
ASIST-Applied Suicide Intervention Skills training	<i>Mar 2016</i>
Therapeutic Options Training	<i>Mar 2016</i>
<u>Teaching Development</u>	
Seminar in Teaching Psychology	<i>Aug 2016</i>
Teaching Brown-Bag: High Impact Practices (HIPs)	<i>Mar 2018</i>
Teaching Brown-Bag: Student entitlement and how to respond	<i>Nov 2017</i>

Teaching Brown-Bag: Student Issues	<i>Oct 2017</i>
Teaching Brown-Bag: How to teach to different levels of commitment	<i>Mar 2017</i>
Teaching Brown-Bag: The Challenges of Teaching Diverse Learners	<i>Oct 2016</i>
Teaching Brown-Bag: Student Perceptions of Active Learning	<i>Sep 2016</i>

Campus/Community Involvement

Multidisciplinary Graduate Committee	<i>Aug 2017-Present</i>
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Founding Member and Team Leader

Responsibilities:

Organize the Multidisciplinary Symposiums
Create activities which encourage interdisciplinary interactions and collaborations
Inspire children to pursue careers in STEM through volunteer work
Increasing feelings of connectedness and reduce feelings of isolation in Graduate Students

Underrepresented Professional and Graduate Student Organization	<i>Aug 2018-Present</i>
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Member

Responsibilities:

Plan, organize and support events
Advertise events

Library Volunteering	<i>Nov 2018</i>
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New Castle-Henry County Public Library

Responsibilities:

Engaged with members of the community
Provided dance instruction to participants of all ages

Student United Way at ASU	<i>Aug 2011-Dec 2014</i>
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Secretary

Responsibilities:

Motivate and persuade new members to join
Organize fundraisers of over 1000 dollars
Lead meeting to plan events and build strong officer relations
Attend to and record details of meetings and managing time
Packed backpacks for the weekend hunger children program
Volunteered at literacy fair for underprivileged school districts
Read to children at the boys and girls club weekly
Served thanksgiving dinner to the hungry
Taught basic living skills to permanent supportive housing complex such as cooking

Devil Dancesport	<i>January 2012-June 2015</i>
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Mentor

Responsibilities:

Manage groups of trainee dancers

Coach new dancers individually to help prepare for competition

Teach group classes

Organize and participate in volunteer and health-related events

Skills

Word, Excel, PowerPoint

Statistical software: SPSS, R, Mplus

Electronic Medical Records: Claimtrak, Nextgen, CPRS